

## GET INVOLVED

YBYG.CA

(778) 828-2799 ↷



### DONATE

Whether it's for funding sports equipment, healthy snacks, or wages for program facilitators, every dollar counts! To donate, visit us at [YBYG.ca/donation](https://ybyg.ca/donation)



### VOLUNTEER

YBYG has a number of volunteer opportunities. For more details, email us at [info@ybyg.ca](mailto:info@ybyg.ca)



### TO HELL AND BACK

As a former gang member and a recovering addict, Joe Calendino, the Executive Director and Co-founder of YBYG, experienced the consequences of a gang lifestyle firsthand. To learn more about his story, his rise and fall in the criminal world, how he lost everything, and his road to recovery and redemption, order:

***To Hell and Back: A Former Hells Angel's Story of Recovery and Redemption***

Available at:  **Indigo**



## CONTACT US

500-610 Main Street, Vancouver BC, V6A 2V3

(778) 828-2799

[info@ybyg.ca](mailto:info@ybyg.ca)

[www.ybyg.ca](http://www.ybyg.ca)

## YO BRO | YO GIRL YOUTH INITIATIVE

*From Risk  
To Resilience*



### BECOME A COMMUNITY PARTNER

Community & relationships make us stronger. Without the support of our community partners, YBYG could not do what we do today! If you have a service, product, or funding stream that you would like to support us with, please email us at [info@ybyg.ca](mailto:info@ybyg.ca)



### SCHEDULE A YBYG PRESENTATION

To learn more about scheduling a presentation for your class, school, or organization, please email us at [info@ybyg.ca](mailto:info@ybyg.ca)

If you are an educator and would like to learn more about ordering a classroom book set of *To Hell and Back*, please email us at [info@ybyg.ca](mailto:info@ybyg.ca)

## PROGRAM GUIDE

# YO BRO | YO GIRL YOUTH INITIATIVE MENTORS MATTER



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## OUR MISSION

Yo Bro | Yo Girl Youth Initiative (YBYG) uses strength-based programs to build resilience in youth and to guide them in making safe and healthy choices. Participants not only strengthen their commitment to their education and community, but develop the skills and self confidence to avoid gangs, drugs, and violence.

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## PROGRAMS



### TEAM YO BRO | YO GIRL

Group programs aimed to develop resilience, healthy peer connection, and physical literacy through discussion and pro-social activities. Activities range from games and sports to martial arts and wrestling. Run In-school and after-school.



### KNOW MEANS NO

An In-school, girls-only program to help youth understand what healthy boundaries and relationships look like and how to build them.



### YOUTH LEADERS

A volunteer program empowering youth to take leadership roles within their communities and during YBYG programs. Youth Leaders assist staff in facilitating YBYG programs and are given valuable training opportunities throughout the school year and seasonal breaks.

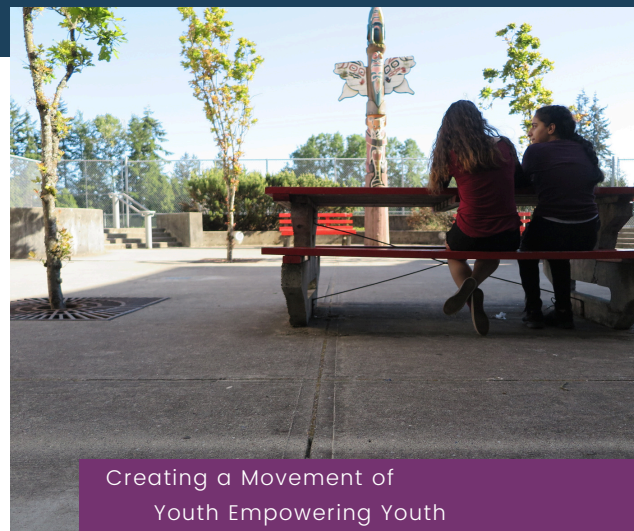


### KEEP IT REAL

Presentations to bring awareness to the realities of gangs, drugs, and violence, and how to adjust to make healthy choices. Multiple options based on level of education, school admin, and community partners.

## YMET OUTREACH

The Youth Mentorship and Empowerment Team (YMET) is YBYG's outreach program. It is aimed to support individual youth who have increased risk factors, which often lead them to de-invest from school, disconnect from community, and act in unhealthy, high-risk ways. Done in partnership with law enforcement and school districts, YMET takes a wrap around approach to support youth in the family, peer, school, community, and individual domains.



Creating a Movement of  
Youth Empowering Youth  
To Make Safe and Healthy Choices

FOR MORE INFO GO TO  
[WWW.YBYG.CA/OUR-PROGRAMS/](http://WWW.YBYG.CA/OUR-PROGRAMS/)

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